

Change Your

Choices

Change Your Life

Women often feel they have no choice in their lives. They are stuck, pulled in many directions, and have no time for themselves. Fear holds them back. They want to believe they have more potential but don't know how to access it. They remain frustrated and unsatisfied.

Take the Girdle off Your Brain!

Rue the day the girdle was invented! Its purpose is to restrain, constrict, and hold it all in. The result: discomfort and pretense. Many women continue to live with a 'Girdle' on their brain. Holding onto false beliefs, obsessions, negativity, and comparing themselves to others. Delinda will show you how to unlatch the Girdle and set your brain free! By removing the emotion, showing you choices, and making those choices based on your core values, Delinda will give you the encouragement to let it all out!

Confidence Mirror

Who do you see when you look in the mirror? You? What others say about you? How God sees you? Unfortunately, many of us only see the negative. We allow things outside of ourselves to be the criteria we weigh ourselves against. Delinda is here to change your mirror. To replace it with the Confidence Mirror so you see the true you, change the narrative you tell yourself, and move toward who you are becoming. When you look in the Confidence Mirror you will reflect your WOW factor and be able to share it with the world.

Discover your Inner Fun Fearless Female

Every woman already has everything she needs to be a Fun Fearless Female - she just may need encouragement and a few tools to access her greatness. Delinda has helped hundreds of women find the fun and their WOW factor which only they can bring to the world. It is as easy as ABC: accept, believe, choose. Join Delinda on a guiltless journey of discovery and find true freedom and joy when you realize you have the ability to Shine!



Delinda has a natural confidence and ease in her leadership She is humble, passionate and real in her love for the Lord and in her desire that He - not Delinda - receive all the glory and praise. - Hilda P. Pastor

...Delinda was so inspirational that I knew immediately she was the 'real deal.' Her energy is contagious ... she also is aware when it is time to take a step back and let her audience direct her.-

Andrea M. - Regional Officer, BNI

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Audiences love Delinda's energy! Her combination of high-heel glamor and "tell it like it is" straight talk is both magnetizing and motivating, galvanizing audiences to take their lives to the next level. Ultimately, they can realize their dreams! Delinda is a role model for women everywhere who walks her talk and, thereby, **lights the way for others to do the same.**

I am so glad I got connected with Delinda She has an amazing ability to sift through all my words and discern just what I need to do to make the next forward step.

Kris W. - Teacher, Reno, NV



Delinda's strict upbringing, feeling she never had a voice or choice in her life, now compels her to **help women find their voice** and step into their greatness. She speaks at Women's Conferences, Retreats, Associations, and Churches as a keynote speaker, breakout trainer, and Conference Leader.



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